

Shotteswell Newsletter

October 2021



Issue 35

The canal across the ridge goes to...

All Shotteswell residents will know of the Oxford Canal just a few miles away, with its convenient access points at Fenny Compton, Claydon, Cropredy and Banbury, offering the prospect of good walks and views along the towpath. Seen from the water in a boat though, the canal takes on a wholly different perspective.



North of Fenny Compton, the canal meanders in spectacular fashion, with several loops and turns as it hugs the contours of the land. This is the top level of the canal, the stretch where water is at its most precious (since it can only flow downhill from here, and there are limited storage opportunities). To reach the junction with the Grand Union Canal at Braunston, a journey of perhaps thirty to forty minutes by car, takes a full day by boat, such is the wandering nature of the route. And the top level is the most difficult on which to secure sufficient water in the canal during dry summers, especially when demand is high as boats traverse the lock flights at Napton and Claydon. That's why the locks are often only open for restricted hours in late summer, to prevent water levels becoming too low. The top level is shallow enough at the best of times.

To the south of Banbury, the canal joins the Thames at Oxford, a route linking the Midlands with London since 1790. It was built principally to bring coal, and it's difficult to imagine the impact this new form of transport had when it was first completed. Even though the means of propulsion was the same – the horse – canals cut the costs of transport down to one-twentieth that of overland travel.

On the way from Banbury to Oxford, the canal journey takes in the aptly-named Somerton Deep Lock (which at twelve feet is twice the fall of any of the locks at Claydon) and it passes through Thrupp, seen on several "Morse" episodes.

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Today the Oxford Canal is maintained by the Canals and Rivers Trust, a statutory body recently established along the model of the National Trust, succeeding the publicly owned British Waterways. The canals were private ventures when they were created in the late 18th and early 19th centuries. Their founders and shareholders had to contend with a succession of landowners along their path, not all of whom welcomed the prospect of the arrival of an army of labourers (the original “navvies” or navigators, literally digging the canal by hand). The constant passage of working boats, crewed by a community often viewed with suspicion precisely because they were such a transient population, wasn’t always popular either. The negotiations between canal proprietors and landowners were often protracted.



One of the legacies of this in the landscape today is the pattern of bridges crossing the canal to enable continued access by landowners to their fields. These became known as “accommodation” bridges, from the usage of that term to signify agreement or compromise between different parties. And in places, where the landowner was particularly exacting – less so on the southern Oxford, but in many parts of the network – these bridges became grand affairs, far more than just a functional crossing, rather a statement of prestige.

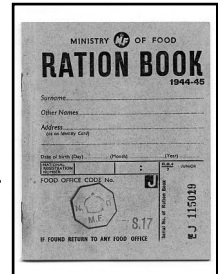
So the Oxford Canal across the ridge goes to the Thames and London to the south; to the junction with the Grand Union at Braunston, and (via a shared five mile stretch) in to Birmingham from Napton; it goes down to Stratford-upon-Avon, and past the Midlands to the Trent and Mersey Canal. In short, it’s just one small but vital part of the network that sprang up during the Industrial Revolution and which still thrives today supporting leisure travel. It is steeped in history, and in numerous tales of economic and social change. It’s also a great place to walk and reflect on the imagination of those pioneers over two centuries ago.

David Sadler

Rationing During World War Two (WW2)

During the Lockdown 2020 I noticed a very interesting article in a magazine celebrating the 75th Anniversary of the end of WW2 containing information on rationing during the period September 1939 to August 1945. I thought it might be interesting to explore why rationing was introduced and what it entailed to the country.

In the late 1930s Britain imported 60% of its food and in 1939 with the advent of war doubts were raised that the import of food brought in from abroad would be reduced due to attacks on Merchant Ships by German submarines. The Government decided to introduce a system of rationing that would ensure people would receive an equal amount of food per week. They were also worried that as food became scarce prices would rise and poorer people would not be able to afford to eat, so rationing was introduced in 1939 and continued throughout the war years and extended for some items until 1954. (Some people said it lasted until 1955). Rationing was also introduced for many non-food items including petrol, clothing, furniture, soap and paper.



The Ministry of Food (MoF) was responsible for overseeing rationing and every man, woman and child was issued with a different colour ration book filled with coupons, a points system for furniture and clothing was introduced.

Each home had to register with a chosen local butcher, grocer, and milkman who would be provided with enough food for their registered customers, the coupons (plus money) could then be exchanged for goods. No supermarkets were available so people had to visit and queue at several shops in order to obtain their food, very time consuming and also the possibility that when they arrived at the front of the long queue the item they wished to purchase had run out. Housewives spent a lot of time just trying to obtain the necessary food to survive.

Basic foodstuffs such as sugar, tea, jam, rice, and dried fruit were rationed over the period starting in January 1940 and some continued past the end of the War in 1945, decreased for a period so they were actually less than during the war and then gradually increased until all rationing ended in

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1954. A number of other items such as tinned goods, cereals and biscuits were rationed. The amounts varied month to month depending on the availability of different food stocks. Because of the shortage of food and to help increase family rations the "Dig for Victory" campaign was launched in October 1939 encouraging people to grow their own food, lawns, flower beds, areas in parks were turned into vegetable plots and allotments were in great demand. Fruit and vegetables were never rationed but were often in short supply especially tomatoes, onions and fruit hence the importance of the Dig for Victory campaign. People were encouraged to keep chickens, rabbits, goats, and pigs.

A typical ration for one adult for a week was: (I have included the imperial measures as that is how the portions were measured at the time and their metric equivalents).

Bacon and Ham 4oz (100g) plus 1lb 3 oz. of various meats

Butter 2oz. (50g)

Cheese 2oz (50g)

Margarine 4oz. (100g)

Cooking Fat 4oz (100g)

Milk 3pts

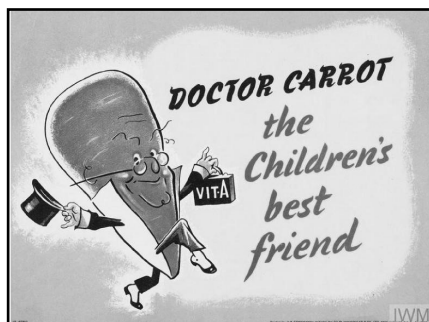
Sugar 8oz (200g)

Jam 1lb (400g) every month

Tea 2oz (50g)

Eggs 1 per week, if available

Powdered egg packet every 4 weeks.



Bread soaked in egg powder mixture and fried was very tasty.

Expectant mothers and children were given extra food e.g. milk, orange juice and cod liver oil. Extra rations were given to certain key workers including miners, some agricultural and railway men and Women's Land Army. All members of the Services and Merchant Navy personnel were also allowed extra rations. Sweets and chocolate were rationed at 12oz (350g) per person every 4 weeks. Fish was not rationed due to fisherman being subjected to enemy action and supplies were much lower than normal. Wartime Fish and Chips was not rationed due to being considered a morale booster but in short supply and of a lower standard due to poor quality of

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the fat for frying.

During the war bread of a lower quality called “national loaf”, was produced due to replacing the white variety by wholemeal flour. During the summer of 1946 continual rain ruined Britain’s wheat crop so it was rationed. The severe winter of 1946/1947 when hard frosts and snow destroyed a large amount of the potato crop necessitated rationing in 1947.

All Drink was difficult to obtain but beer was not rationed as it was also considered a morale booster, it was of a lower quality and strength but was in short supply resulting from shortage of barley, sugar and labour. Due to the vital role played by beekeeping in British Agricultural and Industry, special allocations of sugar were allowed for each hive.

Public Restaurants were initially exempt from rationing but this caused resentment because people with money could obtain extra food, so this was changed to limited meals at fixed prices open to anybody. Meals were limited to three courses and the main could only be fish, meat or chicken you couldn’t have two of these choices. The maximum price for the meals was 5 shillings equivalent to about £15 today, which very few people could afford. Meals were also provided at schools, factories and British Restaurants (a wartime introduction which were open to all).



Petrol rationing was initially introduced in September 1939 to give approximately 200 miles of travel, the amount depending on the horsepower of the vehicle, this allowance was suspended completely in July 1942 until June 1945 when it was gradually increased over time. Resulting from a shortage of fats and oils, soap was also rationed in 1942.

Clothing material was required for the War Effort to make uniforms and equipment e.g. tarpaulin and parachutes etc. and imports were severely limited so clothing rationing was introduced. Everybody was issued with a clothing book containing coupons which could be used with money to purchase items of clothing. This was introduced in 1941 and ended in

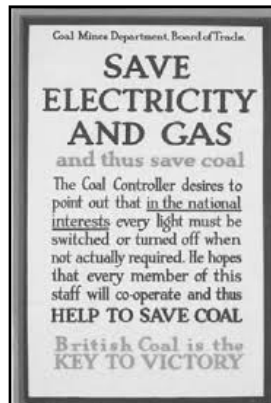
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1949, the number of coupons was reduced as the war progressed and to give an example of the limitations the system allowed people to initially purchase one set of new clothing per year, but at the end of the war the coupons provided would only purchase a coat and little else. Resulting from this shortage of clothing people were encouraged to Make do and Mend also to purchase second hand clothing.

Coal was rationed in 1942 due to the coal miners being called up to serve in the forces (the amount depended upon location, those in the north receiving more fuel than those in the south who experienced milder weather). Central heating was prohibited during the summer months although very few houses had this luxury.

Materials to produce paper were in short supply so the size of newspapers was reduced initially to 60% of pre-war size in 1939 and this was down to 25% in 1945.



Furniture was very difficult to obtain during the war years as the materials, mainly wood, were in short supply. The only new furniture produced was under a government Rationing Scheme, not everybody was eligible and of those who did apply priority was given to those who had lost their homes during the bombing and to young couples moving into new homes such as prefabs.

Food shortages worsened during and after the war and in 1948 rations were on average lower than during the war, also at this time sweet rations were halved. During the early 50's things started to improve, tea was taken off ration in 1948 followed by other items, all rationing restrictions were lifted in 1954. Reminisces: I remember eating my first banana sandwich at the street party in 1945 only to be told it was boiled parsnip with banana essence!

I apologise for any inaccuracies in the text.

David Holman

Notes from the Potting Shed

As I think almost every gardener has noticed, it has been an exceptional 6 months for growth in all our gardens. This has included virtually all plants, shrubs and trees and of course weeds as well! It is difficult to say what has caused this – rainfall has been about average at a total of 15 inches in Shotteswell over the first 8 months of 2021 (January – August inclusive). The notable exceptions from the normal pattern were March and April, where both these months were very dry followed by a very wet May. Perhaps it is all about climate change, but I suspect this is a fairly reasonable pattern in the long term average.

The old saying “one year’s seeds, seven years weeds” is very true, and at this time of year weeds are making a final push to flower and produce offspring. Annual weeds can be composted, but don’t put perennial weeds such as bindweed, ground elder or docks in a compost heap – green bins are useful here!



While we are thinking about compost heaps, it is not a bad idea to turn them while they are still relatively warm and there is a lot of activity in there.

There is another old adage “you don’t stop gardening when you get older, you get old when you stop gardening”. No-one under 50 will as yet appreciate this, but the advancing years means that spending all day in the garden can be a bit of a trial. This year a proliferation of self-seeded herbaceous plants and weeds such as aquilegias, brunneras, creeping buttercups, thistles and rosebay willow-herb means that removing unwanted plants is an endless task. Yes, gardening can be hard work at times, but there is always another year to plan for and start afresh.

Mike Palmer

Shotteswell Fete

Saturday 3rd July 2021

For the second year running we had to take the decision to cancel the Shotteswell Fete. Throughout the Spring we had great hopes that we could go ahead with the planned event since it was scheduled to take place a couple of weeks after the promised total release from the restrictions that were prohibiting unrestricted gatherings of large numbers. The late decision to extend these restrictions, in a way that would have been impossible for us to accommodate, meant that we had no option but to cancel or postpone. We tried hard to find an alternative date but ultimately had to accept the fact that with so many uncertainties we could not change all the bookings that had been made.

With the benefit of hindsight I think this was the right decision.

However, the draw had been organised well in advance and sponsors and supporters had generously donated prizes, so tickets were printed and sold with the winning raffle tickets being drawn on the day planned for the fete, in front of a small, excited, socially distanced group of spectators. With nearly 1000 tickets sold it proved a very welcome contribution to the funds of the Village Hall and the Church, though we felt once again deprived of all the sociability and excitement that the fete always engenders.

Surely we will be back in business in 2022. We have fixed the date for

SATURDAY 2nd JULY 2022

so put that in your calendar now and watch out for news as the arrangements develop.

Alan Reilly - September 2021

*A warm welcome to any newcomers to the village
since the previous newsletter.*

SHOTTESWELL CHARITY

As most of you know the Trustees of the above-mentioned Charity deliver **HOT CROSS BUNS** to every house in **SHOTTESWELL** each year on **GOOD FRIDAY**. The funds for this come from the rent received from two small plots of land, **MAIDENS DOLE** and **POOR'S LOT** (now just one small field off the Mollington Road). This Charity was set up in the 18th century by the two ladies who owned the land on the understanding that the annual rent would be used to buy and distribute bread to anyone in the Parish on the morning of **GOOD FRIDAY**. For many years we did hand out bread to each house but after making a few inquiries it was thought that **HOT CROSS BUNS** might be more acceptable.

A few residents decided that they didn't require the bread, but now it is **BUNS** we wondered if you would like to change your mind. Likewise if you have decided that you no longer want the **BUNS** please let us know.

Thank You,

Pauline Tarrant (730687) or Valerie Ingram (730203)

MOBILE LIBRARY

The Warwickshire Mobile Library Van is back in service, but times and rules have changed. The van will visit every three weeks on a Tuesday and stay for an hour – 11.25am to 12.25pm. Masks are optional and it is suggested that 2 to 3 people at a time are allowed on the van. The van will be parked as usual at the bus shelter. The next visit will be on October 5th.

Keri Holman

Tuesday Club

We returned to the Village Hall on Tuesday May 18th following all the Covid rules. If we had a fine Tuesday we sat outside. Because of the Covid rules we were unable to go out on trips, our only outing was to M&S for coffee. We have had a quiz and various games. The highlight of this session was our annual Summer Lunch at the end of August, which was held in Mavis' conservatory as it wasn't warm enough to sit outside.

If anybody would like to join the club you are very welcome. We meet on Tuesday mornings – 10am to 11.30am in the Village Hall and the cost is £2 which goes towards the rent and coffee.

For further information please contact: Keri Holman (730326) or Mavis Palmer (730901),

Keri Homan



I am hoping shortly to receive a cheque from **EASYFUNDRAISING** for money raised by Villagers using this site during the last three months.

There are a few of you that have been brilliant at raising funds for the Church in this way, and **we really do appreciate this**. If any newcomers to the village or anyone else would like to help, please contact me and I will let you have the details.

As most of you know it doesn't cost you anything extra when purchasing goods on line and a percentage of the cost of each item (which is paid by the retailer) goes to help maintain our beautiful ancient Church.

Pauline Tarrant (pauline_tarrant@hotmail.co.uk)

Shotteswell Village Hall



Activities in the hall have finally got back to almost normal following the lifting of restrictions in June and July. First we were able to welcome back some of our classes and in July we were able to open the hall for any events or clubs. We have been pleased to welcome back Tuesday Club, Tai Chi, Yoga and Saturday Lunches in addition to Ticks for Pickles and Moo music. The committee worked very hard during the restrictions to maintain a Covid secure environment with thorough cleaning between each hire. All members of the committee worked on a rota system to achieve this and the cleanliness of the hall remains a priority.

On Saturday mornings during April to June we offered a Covid testing facility for the village and local communities. However, take-up of this facility was disappointing despite widespread advertising of this service. Lateral Flow Test kits are still available free from the hall for home testing.

We have also let the hall to a national training company on a number of occasions which was due to our central location for attendees. The hall has also been used for Mini first aid courses. In addition the hall has been hired for a number of parties and the calendar for the next couple of months is very busy.

We have been able to open the hall for the monthly Warm Hub Breakfasts which have continued to be popular, particularly the pre-order and collect option. Our gazebos came in very useful in the early months when social distancing indoors was a strict requirement but we can now use the hall as normal but maintaining awareness that Covid has not gone away. We have been pleased to welcome both the local police and fire brigade to our breakfasts in addition to local councillors.

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Our County Councillor, Cllr Chris Mills, recently awarded the hall a grant to purchase a Bain Marie for the kitchen. This will greatly improve the efficiency of serving breakfasts whilst also providing another amenity for users.



As part of our community service we had an Emergency Bleed Kit unit installed outside the main entrance next to the defibrillator. This works in the same way as the defibrillator; the access code will be given by the ambulance service call handler when an appropriate 999 call is made. An EV charging point, which is available to all, has recently been installed at the hall following a successful application for a grant from Warwickshire County Council.

It was agreed to invest in ten small Go-Pak tables which are more space effective than the long ones for the breakfasts, lunches, quiz nights etc.

Maintenance is, as ever, an ongoing task with such an old building. Projects in the last six months have included an inspection and repointing of part of the retaining wall which adjoins Redlands Court and some modifications to the air source heating system. In order to increase our storage capacity we have installed a loft ladder to make access to the roof space above the toilets safer and easier. PAT testing of appliances and annual fire extinguisher servicing was undertaken as well as upgrading the emergency lighting.

Western Power Distribution upgraded the electricity supply in September by installing an external power connection to meet current standards. We then had to employ an electrician to connect the new supply unit to the box in the kitchen.

We were most appreciative to receive a government Covid start-up grant from SDC which has assisted us in progressing the facilities available when hiring the hall. The hall has a free WiFi connection, a PPLPRS music licence and Lottery licence.

We are also continuing to run the Birthday Club which for £5 a year has the

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Flag flying at the hall together with a birthday board and a card with small gift delivered to your house. The 100 Club, which was started in July 2020 to maintain an income during the first lockdown, continues to run and is drawn monthly at the breakfast.

We were disappointed that the fete was not able to take place but, having secured a number of donated prizes, it was decided to continue with a raffle which raised £392 for both the church and the hall.

Information, including committee members, is published on the website, www.shotteswellvillagehall.co.uk along with our social media outlets.

Hire Cost - Hall - £9 per hour. (includes all facilities, heating and Wi-Fi)

Equipment for individual hire:

Go-Pak folding tables.

Chairs

Cutlery and crockery

Skittles and Coconut Shy

Trestle tables

Hot Water urns

Ben Zammett - September 2021

Lunch at the Hall

LUNCH AT THE HALL returned on 4th September after an 18 month break due to Covid. It was great to see so many people returning and saying how lovely it was to get back to normal. We are hoping now to be able to continue serving the lunches on the first Saturday of each month as before, the next one being **Saturday 2nd. October, 12.30 - 2pm**. All ages welcome.

If you require any further details, please contact either Christine Pym (738948) or Pauline Tarrant (730687).

Where would we be without 'EXPERTS'?

50 years of failed doomsday, eco-pocalyptic predictions

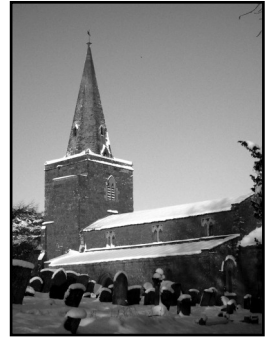
American Enterprise Institute

1. 1967: Dire Famine Forecast By 1975
2. 1969: Everyone Will Disappear In a Cloud Of Blue Steam By 1989 (1969)
3. 1970: Ice Age By 2000
4. 1970: America Subject to Water Rationing By 1974 and Food Rationing By 1980
5. 1971: New Ice Age Coming By 2020 or 2030
6. 1972: New Ice Age By 2070
7. 1974: Space Satellites Show New Ice Age Coming Fast
8. 1974: Another Ice Age?
9. 1974: Ozone Depletion a 'Great Peril to Life
10. 1976: Scientific Consensus Planet Cooling, Famines imminent
11. 1980: Acid Rain Kills Life In Lakes
12. 1978: No End in Sight to 30-Year Cooling Trend
13. 1988: Regional Droughts (that never happened) in 1990s
14. 1988: Temperatures in DC Will Hit Record Highs
15. 1988: Maldive Islands will Be Underwater by 2018 (they're not)
16. 1989: Rising Sea Levels will Obliterate Nations if Nothing Done by 2000
17. 1989: New York City's West Side Highway Underwater by 2019
18. 2000: Children Won't Know what Snow Is
19. 2002: Famine In 10 Years If We Don't Give Up Eating Fish, Meat, and Dairy
20. 2004: Britain will Be Siberia by 2024
21. 2008: Arctic will Be Ice Free by 2018
22. 2008: Climate Genius Al Gore Predicts Ice-Free Arctic by 2013
23. 2009: Climate Genius Prince Charles Says we Have 96 Months to Save World
24. 2009: UK Prime Minister Says 50 Days to 'Save The Planet From Catastrophe'

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View from the Vestry

As the year has progressed, we have been able to struggle back to some kind of new normality, though there is still some way to go. The wider church, rightly or wrongly, continues working with an abundance of caution, though regular services are now back in Shotteswell after a somewhat spasmodic approach through the year. Sensible precautions are still in place with hand sanitiser and disinfectant spray available and recommendations for social distancing still in evidence. Singing is now permitted, although with the recommendation that masks be worn during the hymns.



The question now arises, will we ever get back to our former normality or will the church try and seize the opportunity to impose changes in the name of progress and efficiency? However, the PCC remains committed to the principles of keeping an open church available to all and the maintenance of regular public worship. St Laurence is the principal historic building in the parish with a rich legacy, having a dominant presence for over a thousand years. It belongs to the parish and its parishioners and remains the responsibility of the Parochial Church Council to ensure it continues in good condition and fit for purpose. Its primary function is as a centre for worship and without this regular activity the building could soon be considered redundant by those seeking to economise and rationalise. The PCC has always fought to maintain such activity whereas other parishes have resigned themselves to as little as one Sunday service per month. We have also maintained a regular Monday evening service of Compline – a short, said ‘Night Prayer’ lasting about 10 minutes, and this is open to all. In the Summer months it begins at 6.30pm, in the Winter (after the clocks change) we will probably move the start time to 5.30pm.

But the church building remains open to all who seek and value a quiet place of serenity and tranquillity. It is a beautiful building kept in

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wonderful condition by a team of dedicated volunteers who do so much to preserve this valuable asset in our midst. It remains a focus for our community.

Another church asset that is in the care of the PCC and is available to every member of the parish is the churchyard. Just like the church building it is maintained by a team of volunteers who work hard to maintain it in an appropriate way. Those involved with working in the churchyard will readily agree with the perception that it is not the easiest of areas in which to work. The churchyard must have been in existence and used for burials for centuries, though the oldest marked gravestones that are legible do not appear to have any dates prior to the 1600s, and there is some evidence that memorials have been relocated in the past so the stones do not necessarily stand on the original burial spots. In addition, there must have been countless burials for which there are no existing memorials. It is very much a shared space. In the late 1930s some land was transferred from the Vicarage garden to form what we now call the 'new' part of the churchyard; this lies to the south of the concrete path on the south side of the church. Within this area there is still space for further burials and there is a space set aside for the interment of cremated remains. Every person who resides in the village has the automatic right of burial or interment of ashes in the churchyard, whether they be church members or not.

Churchyards, like cemeteries, are sensitive places and because they are very much shared spaces are subject to a number of restrictive regulations. However, a cemetery is likely to be under secular control with different rules from the churchyard, which is a sacred place and must abide by ecclesiastical rules. Tastes and sensitivities differ and so not everyone will agree with the rules and restrictions, but the PCC is bound by law, as are those who wish to use the churchyard. As with all rules and regulations there are always interpretations that may differ and there are appeals processes available for those who feel their requests are wrongly denied, but the diocesan guidelines are freely available and reasonably clear. The guidelines are available on the

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Coventry Diocesan website and a summary is available on the notice board in the porch of the church, though the vicar or any member of the PCC will be able to offer some advice in the first instance.

The PCC has the responsibility for churchyard maintenance, and this does not come without cost. It is therefore appropriate that a fee should be paid for any burial, interment or work on any monument in the churchyard. It is also a legal requirement that appropriate permission be sought and granted before any such work is undertaken. There are no private spaces, all is in the public domain. The PCC will fulfil its duty of care for the benefit of all – including future generations who will have that responsibility in years to come. You have only to look around some areas of the churchyard to appreciate that the tastes and styles of former generations have generated massive challenges for the present and, as a consequence, it should be no surprise that what may have been permitted/accepted in the past is no longer allowed. Iron railings and chains around grave spaces are an obvious example of something that may have looked grand and splendid in their day but now present a real hazard to those who try and keep things tidy today.

The PCC is keen to address these issues and therefore is asking everyone to be conscious of the churchyard regulations and abide by them. If unapproved objects or decorations are put in place we will try and contact those involved – if they are known to us – and ask that they be removed within a reasonable time frame. If they are placed by someone unknown they will ultimately be removed and kept safely for a time so that they can be reclaimed by the owners. One example is the use of artificial flowers. These have a limited lifespan and will also be removed periodically. It is appreciated that at times of Remembrance and Christmas artificial flowers are totally appropriate, but their removal at the end of such periods would be very helpful. When flowers are placed by graves as an act of respect or remembrance they are a wonderful way of declaring that the churchyard continues to be a living place and they add to the charm of

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the space. However, when they are placed on a grave we ask that glass jars or other containers are not placed in the grass adjacent to headstones. Please put them on the base of the headstone or, ideally, in a container within the base of the headstone. When the grass growth is strong in late Spring such containers are a real hazard to those who trim around the headstones. We've had incidents where glass containers, in which flowers have withered and died, have become invisible in the grass and then been shattered by the trimmer cord. This is a potential danger we should try and avoid.

On behalf of the churchyard volunteers I make one final plea. This year there have been several instances of dog fouling on the grass. Please do not allow your dog to run free in the churchyard. If you are visiting a grave or passing through please keep your dog under control and, it goes without saying, clear up any mess.

Christmas will soon be here. There will be services in church over the Christmas period so keep an eye open for timings and do please come and join in with us some time during the festive season.

Alan Reilly

Alan Reilly - September 2021

Advertising Rates

Rates are for two editions of the A5 size Newsletter which are published in April and October.

	¼ page	£13	
½ page	£20	Full Page	£30

These new rates are the first increase since 2008

The advertiser on first advert also allowed up to an A5 free page to write about his or her product.



**KATHARINE
HOUSE
HOSPICE**

**FROM KATHARINE
HOUSE HOSPICE,
ADDERBURY**

What's coming up later this autumn and into winter?

We may be most of the way through the year, but there are still plenty of ways to get involved and events to enjoy. Your support helps us to make every moment matter for local families living with a life-limiting illness. Below is news of just some of what's coming up in the next few months.

Make a Will Fortnight – 4-15 October

Our Make a Will event is back and this time it's running for two weeks. Between 4-15 October, a number of local solicitors have very generously agreed to waive their fee for writing or amending a basic will, and are instead asking for donations to Katharine House. Check our website for a list of participating solicitors and to find out how to make an appointment.

Blenheim 7k Fun Run – 10 October

On 10 October, why not run, jog or simply take in the spectacular scenery at Blenheim Palace and raise money for Katharine House at the same time? To find out more about the event and how you can get a 20% discount on entry fee when fundraising for us, visit our website.

Oxford Half Marathon – 17 October

There's still time to sign up for the Oxford Half Marathon and represent Katharine House! Challenge yourself to complete the 13.1-mile route through the beautiful city of Oxford.

Care for a Curry

From korma to keema, biryani to balti – whatever your favourite

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curry, there's never been a better time to get some friends together for a great cause. This autumn, why not host a #CareForACurry event and help raise money for Katharine House? Simply pick a date, get some friends and family together and enjoy! It's a simple and tasty way to raise money for Katharine House.

Santa Fun Run – 5 December

If you thought that Santa's elves worked hard, you should see our fundraising team in the run-up to Christmas. December may feel far away, but we're already planning how to make our next Santa Fun Run the best one yet.

The race is taking place on Sunday 5 December at Spiceball Park, Banbury. Get the date in your diary and don't forget to let your friends and family know!

Digital monthly newsletter – keep up to date with your hospice

Please sign up to receive our Katharine House digital monthly newsletter, which is designed to keep you in touch with what's happening at Katharine House Hospice, including news of our fundraising events and developments at the hospice.

Follow us on social media

For the most up-to-date stories, news and events, you can follow us on Facebook, Twitter, Instagram and LinkedIn.

Find out more

Head to our website to find out more about all these events and news: www.khh.org.uk.

*For images, interviews or further information, please contact:
Karen Welsh, Head of Marketing & Communications*

T: 01295 811866 E: karen.welsh@khh.org.uk

Katharine House Hospice, Aynho Road, Adderbury, Banbury, OX17 3NL

SPANAKOPITA: Greek Spinach, Cheese and Filo Triangles

Ingredients

- 2 packs filo pastry, at room temperature
- 500 grams baby spinach, chopped
- 2 bunches of fresh dill, finely chopped,
- 6 spring onions thinly sliced
- 450 grams full fat ricotta cheese at room temperature
- 450 grams feta cheese, crumbled
- 4 eggs, beaten and at room temperature
- 450 grams butter, melted
- 1/2 teaspoon salt
- 1/2 teaspoon freshly ground black pepper to taste



Instructions

Preheat oven to 375 °F, 190 °C. ***Line 2 baking trays with parchment paper.***

Make the filling:

Combine the feta cheese, ricotta, eggs, salt, pepper, and dill in a tabletop mixer fitted with the paddle attachment. Beat slowly until combined. Add the spring onions and beat until combined.

While the mixer is running on low speed add a handful of chopped spinach at a time until all of the spinach is incorporated. Mix everything together with a spatula and set it aside.

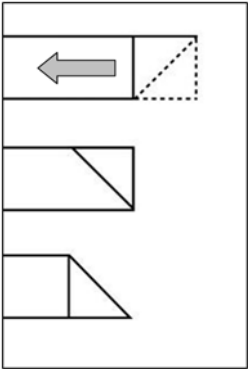
(Continued on page 24)

(Continued from page 23)

Assemble the triangles:

While the filo is still rolled in its packaging, cut it into three equal pieces. Unwrap one piece and leave the rest in the packaging so that they do not dry out. Roll out the piece into a strip and use two layers of filo at a time. Brush melted butter between the two layers and on top.

Place a tablespoon of filling at the bottom of the strip and fold one corner over to the other edge, then repeat along the strip to form a triangle shape as shown in the illustration. Place the triangles in the baking trays and continue assembling them until the filling or the filo has been used up.



Brush the tops of the triangles with melted butter and sprinkle with salt. Bake for about 40 minutes or until golden. Can be eaten hot or cold.

Pauline Tarrant

If any of our readers have any historical or sentimental memorabilia that they would like to share with villagers in future issues please let me know.

Keri Holman - 01295 730326

Footpaths

The Footpaths Team hopes that those residents of the village who can, have been enjoying walks out and about on the Parish paths.

What with one thing and another... much of the Team's work this season has been done in smaller groups than usual.

By preference, the Footpaths Team goes out as a group. Working together has the added benefit and pleasure of the chance for a good chat about the work in hand and the world in general. It makes light of hard work and is nice and sociable.

This year, though, much work has been done keeping the paths clear, by individual members of the Team. Some have taken shears to encroaching nettles and mares-tail, or secateurs to lengths of brambles; others have tamed long grass with mowers and thistles with trimmers; saws have removed overhanging branches and wind-blown debris.

In terms of infrastructure, a couple of tasks on the to-do list have been crossed off: the stile on the west side of the B4100, north of First Turn, is now less of an obstacle than it was and, after some adjustment is considerably easier to negotiate. The handrail is back up on the footbridge that spans the ditch on the path towards Hornton, and improvements have been made to the footbridge over the county boundary.

As maintenance, new wood has been painted with preservative, while additional steps have been added discreetly here and there to break the length of slopes to help walkers, particularly when the path surface is wet and slippery. Did you notice the one by the 'airfield stile' on the path towards Hanwell, for instance? Or indeed, the ones on the county boundary dip where the Warwickshire path across

(Continued on page 26)

(Continued from page 25)

Shotteswell Parish meets Horley Parish, Oxfordshire? Hopefully the new handrail there is also a useful addition.

The one whole team effort this summer, was the DDD, the new D'Arcy Dalton Ditch crossing where the DD meets the RPMW (Roger Peel Millennium Walk!). The timber of the old crossing had rotted at either end and it was time for a replacement. In order to put the new sleepers in place, though, the site needed opening up – quite a job in its own right with a thicket of ferocious brambles, blackthorn and hawthorn to cut back. It's quite a trek to get the long planks from the top of the village to the bottom. New team member Ollie was a huge help!

The Footpaths Team thanks the various landowners and farmers who have helped and supported our work in maintaining the paths through providing shorter routes for access (much appreciated when carrying tools and equipment), or agreeing to alterations to stiles to make access easier.

As coordinators, Philippa and I would like to thank the team, too, for all their good-natured hard work, and for their generosity with their time, energies, tools, materials and other equipment. If any Shotteswell resident would like to join us for some outdoor exercise with an excellent purpose, please do get in touch.

Contact: Harriet (730464), Philippa (738491)

Harriet & Philippa (September 2021)

Editors

Tony Tarrant - Mount Stuart - 730687 / Keri Holman - White Cottage 730326

Advertising - David Holman - White Cottage 730326

Produced by the Tuesday Club shotteswellnewsletter@hotmail.co.uk

Supermarket Extra

I'm afraid that we don't have any fruit, vegetables, groceries or petrol, but this has led to an unexpected surplus of toilet rolls!

ANSWERS TO APRIL QUIZ (VOWELS ONLY FOR A FEAST)

1. Eggs and bacon
2. Strawberries and cream
3. Steak and chips
4. School dinners
5. Christmas pudding
6. Sausage rolls
7. Fish and chips
8. Pork scratchings
9. Cucumber sandwiches
10. Duck a la orange

Across	Down
1. See-through (11)	1. Pipes (5)
7. Moth-like insects (11)	2. Minibeast (3)
8. Broth (4)	3. Appear (4)
10. Furrow or rut (6)	4. Have the money for (6)
12. Wrapper for crisps or biscuits (6)	5. Edition or chapter (7)
13. Culinary plant (4)	6. Flavour (5)
16. Pawns for example (11)	9. Doubtful, hazy or foggy (7)
18. Thorough tidy (6-5)	11. Human being (6)
	12. Steps or strides (5)
	14. Kitchen sink (5)
	15. Metal, atomic no. 30 (4)
	17. Stick for snooker (3)

Junior Crossword - Clues on Page 28

1		2		3		4		5		6
7										
8		9			10					
				11						
12							13			14
						15				
16								17		
18										

Solution on page 32

Neighbourhood Watch



Crime prevention advice for Property Marking from the Wellesbourne Safer Neighbourhood Team

Marking your property is a positive way to fight crime. It can act as a deterrent, it allows you to prove ownership and helps you to identify your property easily if it is offered for sale. Marking your property also provides a means for the Police to identify stolen goods and return them to their owners.

There are a number of different ways to mark your property:

Visible markers.

Permanent marker pens, waterproof paint, stencils, engraving, specialised overt marking kits available on the market such as Cremark (being used for Rural Crime property marking events).

Invisible markers.

UV pens, specialised forensic kits such as SmartWater, SelectaDNA, Red Web, etc. (SmartWater kits are available through Warwickshire Horse Watch and Neighbourhood Watch at discounted prices).

What to Mark your Property With:

You can put any kind of mark on your property to distinguish it from other similar items. Warwickshire Police, Warwickshire Rural Watch, Warwickshire Horse Watch and Neighbourhood Watch recommend using your postcode prefixed with the number of your address, i.e. 23B78 1XX. A postcode is unique to your property, which most organisations recognise and allows the goods to be identified and returned to you. Just putting a name of symbol on the property makes it identifiable but does not provide details to the Police of who owns the property and where it came from.

It is strongly recommended that you take a photo of all your valuables and make a note of any distinguishing marks including where and how you have

(Continued on page 31)

Answers to Junior Crossword on Page 29

T	R	A	N	S	P	A	R	E	N	T
U		N		E		F		P		A
B	U	T	T	E	R	F	L	I	E	S
E				M		O		S		T
S	O	U	P		G	R	O	O	V	E
		N		P		D		D		
P	A	C	K	E	T		H	E	R	B
A		L		R		Z				A
C	H	E	S	S	P	I	E	C	E	S
E		A		O		N		U		I
S	P	R	I	N	G	C	L	E	A	N

The Garage Warmington - Why is carbon cleaning necessary?

It's the combustion process, inside your engine, that is responsible for producing soot deposits **in cylinders, pistons, particle filters, EGR valves and turbos.**

Clogged parts prevent the engine from functioning properly. If **carbon deposits (soot)** are not removed regularly, faults can occur and the costs can soon mount up.

- **Difficulties starting the engine?**
- **Decreased engine performance?**
- **Increased consumption?**
- **Dashboard lights lit?**
- **Issues passing the MOT (pollutants)?**

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Sadly, due to the impact of Covid our Thyme for Tea Tearooms has now ceased trading, and this stunning area of the shop has been converted into a conservatory-style extension, this will be an excellent place to source gifts for all occasions- enabling you to shop safely and locally this coming season.

A warm welcome awaits ... we look forward to seeing you....

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Forthcoming Events: -

*With the support of WarmHub,
the **Breakfast Club** operates on
one Sunday each Month.*

***Lunch at the Hall** has also
restarted on the first Saturday of
each Month.*

***Congratulations
on the marriage of***

*Harriet Kipping to
Matthew Ellis at
St Laurence Church on
11th September, 2021.*

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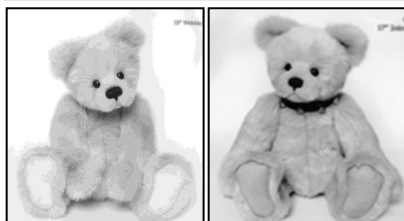
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Puzzles - David Holman

As Sudoku is still a favourite here are two more for you to solve.

I am sure you are aware of the rules, but for newcomers – to solve the puzzle each 3x3 box, each row and each column must contain all the numbers 1 to 9.





6								2
		2	8		7	1		
	8						7	
		8	6		3	5		
9	5						3	7
		1	4		5	2		
	9						5	
		5	9		6	4		
2								6

	1				6		9	
5			1			6		
	9					1	2	5
3				2	8		1	
				1				
	5		6	3				7
8	2	6					3	
		5			4			1
	4		3				6	

Train Tracks

Lay down tracks to allow a train to travel from A to B. Only use straight and curved rails and the track cannot cross itself. The numbers indicate how many sections of rail go in each column and row.

A

5	4	5	5	4	2	
						3
						4
						4
						2
						6
						6

B

(Continued from page 16)

25. 2009: Climate Genius Al Gore Moves 2013 Prediction of Ice-Free Arctic to 2014
26. 2013: Arctic Ice-Free by 2015
27. 2014: Only 500 Days Before 'Climate Chaos'
28. 1968: Overpopulation Will Spread Worldwide
29. 1970: World Will Use Up All its Natural Resources
30. 1966: Oil Gone in Ten Years
31. 1972: Oil Depleted in 20 Years
32. 1977: Department of Energy Says Oil will Peak in 1990s
33. 1980: Peak Oil In 2000
34. 1996: Peak Oil in 2020
35. 2002: Peak Oil in 2010
36. 2006: Super Hurricanes!
37. 2005 : Manhattan Underwater by 2015
38. 1970: Urban Citizens Will Require Gas Masks by 1985
39. 1970: Nitrogen buildup Will Make All Land Unusable
40. 1970: Decaying Pollution Will Kill all the Fish
41. 1970s: Killer Bees!
42. 1975: The Cooling World and a Drastic Decline in Food Production
43. 1969: Worldwide Plague, Overwhelming Pollution, Ecological Catastrophe, Virtual Collapse of UK by End of 20th Century
44. 1972: Pending Depletion and Shortages of Gold, Tin, Oil, Natural Gas, Copper, Aluminium
45. 1970: Oceans Dead in a Decade, US Water Rationing by 1974, Food Rationing by 1980
46. 1988: World's Leading Climate Expert Predicts Lower Manhattan Underwater by 2018
47. 2005: Fifty Million Climate Refugees by the Year 2020
48. 2000: Snowfalls Are Now a Thing of the Past
49. 1989: UN Warns That Entire Nations Wiped Off the Face of the Earth by 2000 From Global Warming
50. 2011: Washington Post Predicted Cherry Blossoms Blooming in Winter

Mark J. Perry - <https://www.aei.org/carpe-diem>



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Chris - - Wed 9.30ish 07981049348

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Harriet Jordan 730464

Philippa Upton 738491

Milkman 0345 6063606

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